



A Rational Approach
to Drugs

CLASSES

**OMMP Cardholders
ONLY
\$25**

**RESERVATIONS
Required**

"Harm Reduction Techniques"

Overview of the various
techniques of using medicinal
cannabis.

Tues - 4 PM July 15th

"Joy of Life" (Making Cuttings)"

Get your fingers in the dirt and
learn to make your own healthy
rooted clones. Organic, dirt.

Wed - 4:20 PM

July 16th, 23rd, 30th

"BUBBLE Class"

Various methods of gleaning
medicine from waste, using water,
ice and more.

Tues - 4:20 PM July 31st

"Chocolate Making"

Learn how to make perfect, melt-
in-your-mouth, chocolate truffles,
taught by a professional chocolate
maker. This class is a favorite
and fills up fast

Tues - 4:20 PM July 17th

"Preparations"

Learn about making glycerin and
alcohol tincture, butter and oil;
expand your medicinal uses.

Thurs - 4:20 PM June 26th

Classes fill quickly so
Reserve Early

503-233-4202
clinic@mamas.org

July 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3 OFFICE CLOSED	4 OFFICE CLOSED	5
6	7	8	09	10	11	12
13	14	15 ** Class <u>Harm Reduc-</u>	16 ** Class <u>Joy of Life</u>	17 ** Class <u>Chocolate Making</u>	18	19 MAMA Back Yard Social 4-7
20	21	22 ** Class <u>Bubble Concen- trations</u>	23 ** Class <u>Joy of Life</u>	24	25 Bend Meeting- Pot Luck	26
27	28	29	30 ** Class <u>Joy of Life</u>	31 ** Class <u>Cannabis Prepara-</u>		

Schedule of Events

Thurs. & Fri. July 3rd and 4th MAMA OFFICE CLOSED FOR HOLIDAY

Sat. July 19th

MAMA BACK YARD SOCIAL

MAMA invites OMMP cardholders to a Back Yard BBQ Saturday July 19th in our beautiful yard behind the Clinic. There will be live music, food and a great opportunity to meet the community. \$3 suggested donation.

Tues July 22nd

Governor's Council on Alcohol and Drug Abuse

Human Services Building 160

Salem, OR

9:30 a.m - 3:30 p.m.

Fri. July 25th

MAMA BEND POT LUCK

MAMA invites OMMP cardholders to a pot luck at the

BEND COMMUNITY CENTER

1036 NE 5th Street from 4:00 to 7:30 p.m.

Tues. July 29th

Stan's Helping Hand 4 to 6 pm

Stan Chennault shares his years of personal experience to help others file and pursue Social security and VA benefits. Stan will be available at MAMA's Office to help you at **NO CHARGE**.

MAMA is YOU!

As some may know, recently Sandee has been under the weather. After a quick stint in the hospital she is home and feeling better; however this experience has reminded me how bright her light shines in our community. She has lit our way and will continue to do so, but the chance to light our torch from her fire will not always be there. The effects of Sandee's illness are permanent, and since she has spear headed the social events if we wish for them to continue others will need to step up to make sure this vital part of the community stays with us.

MAMA'S Wish List

We are looking for a large place in the Portland area to lease for our classes and social events. An old church, small school, Grange hall or other such building might be just the ticket. Must be able to be handicapped accessible.

If you know of such a place please contact us.

**We also need: Single bed sheets
Artificial plants
Hand towels
Clean Pint Jars**

**Mothers Against
Misuse and Abuse
5217 SE 28th Avenue
Portland, OR 97202**

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JULY 2008



NEWSLETTER