



# March 2010



Mothers Against Misuse and Abuse  
Addressing the issues of substance use, misuse and abuse.

## Newsletter



# March

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
	1	2	3 PDX- Joy of Life 1	4 <b>BEND Social</b> TD- Joy of Life 1	5	6
7	8	9	10 PDX- Joy of Life 1	11 TD- Joy of Life 1	12 <b>TD Social</b> PDX Chocolate Class	13
14	15	16 PDX Bubble Class	17 PDX- Joy of Life 1 TD - OMMP Orientation	18 TD- Joy of Life 1	19 <b>PDX Social</b>	20
21	22	23	24 PDX- Joy of Life 1 TD- Bubble Class	25 TD- Joy of Life 2	26	27
28	29 <b>ACMM Meeting - Portland</b>	30	31 PDX- Joy of Life 2			

2010

# March Classes

Cost \$25  
Reservations Required

For OMMP Cardholders Only

## The Joy of Life, Level One

Let MAMA help you get your garden started! This class teaches cardholders how to make starts from cuttings of the cannabis plant, and gives an overview of organic gardening methods that can help growers and patients grow healthy, mature plants.

Portland: 3<sup>rd</sup> , 10<sup>th</sup> , 17<sup>th</sup> @ 4:30

The Dalles: 4<sup>th</sup>, 11<sup>th</sup> 18<sup>th</sup> @ 2:00



## Joy of Life, Level Two

Now that you've got your garden started, come explore more advanced cultivation techniques with an experienced and successful grower.

Portland: 31<sup>th</sup> @ 4:30

The Dalles: 25<sup>th</sup> @ 2:00

## Chocolate Making

Learn how to make delicious, melt-in-your-mouth medicated chocolate truffles with our master chocolatier.

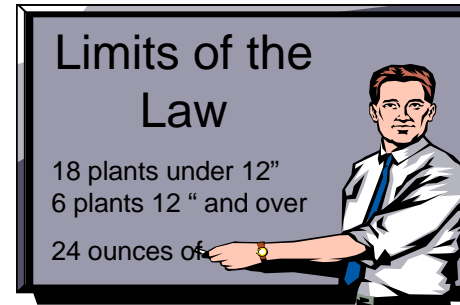
Portland: 12<sup>th</sup> @ 4:30

## Bubble Class

Learn how to glean medicine from excess plant material using this ice and water technique.

Portland: 16<sup>th</sup> @ 4:00

The Dalles: 24<sup>th</sup> @ 2:00 Cardholders only



Open  
to the  
public

## OMMP Orientation

Many patients do not come through the MAMA Clinic to learn the basics of the OMMP. This class offers them a chance to learn where to get information about other drugs with which cannabis may interact, the timeline and dosages of different forms of cannabis medicine and a basic understanding of the limits of the law. Need not be a Cardholder.

The Dalles: 17<sup>th</sup> @ 2:00



# March Events



**Donations are welcome to  
help pay expenses.**

**Thursday, March 4th  
4:20 PM – 7:30 PM**

## **Bend**

Bend Community Center  
1036 NE 5th St

**Friday, March 12th  
NOON – 2:00 PM**

## **The Dalles**

319 East 7th,  
Just two blocks up the hill  
from the old office.

**Friday, March 19th  
4:30 – 6:00 PM**

## **Portland**

MAMA Office  
5217 SE 28th Ave.

**(ACMM)**

## **Advisory Committee on Medical Marijuana**

March 29, 2010: 10:00 am to 2:30 pm

Portland State Office Building

800 NE Oregon St

Conference Room 1E

**Portland, OR 97232**



## From my side of the mirror

By Sandee Burbank

Here in the foothills of the Cascades the frogs in our pond are letting everyone, especially the other frogs, that it is Spring. The woodpeckers fill the air with their rat-a-tat-tat and the robins, bluebirds and hummingbirds have made their appearance. Another sign of Spring is the medical cannabis gardeners who are happily trading clones and talking about genetics. How wonderfully things have changed in the last ten years!

We at MAMA are preparing for the **Sixth National Clinical Conference on Cannabis Therapeutics**, co-sponsored by the School of Medicine, University of California at San Francisco; the Rhode Island State Nurses Association and Patients Out of Time on April 15 - 17, 2010 at the Crowne Plaze Hotel in Warwick, RI.

There is still time to register at:

<http://www.Medicalcannabis.com/Clinical-Conference/2010-upcoming-conference>.

MAMA will staff an information and on Friday, the 16, Jennifer Burbank will give a presentation on Oral Preparations.

MAMA is also soliciting small items for the silent auction to benefit Patients Out of Time. If you have items to donate, please contact us as soon as possible so we can send them ahead by mail.



## CME CREDITS

While we are on the subject, I'd like you to know that Patients Out of Time has the 2008 and 2006 clinical cannabis conferences available for online CME credits through the UCSF School of Medicine's online CME program. The link is on the bottom left side of their home page [www.medicalcannabis.com](http://www.medicalcannabis.com) - it will take doctors directly to the program. The cost is only \$75 for 10 CMEs (10 hours of conference video) - extremely inexpensive for physicians, but a great way to get educated. Nurses can also take the course and take credit for continuing education contact hours. Patients may want to tell their doctors about this opportunity.

Of interest to medical professionals is the formation of the **American Academy of Cannabinoid Medicine (AACM)**  
<http://www.aacmsite.org/>

The AACM is a clinical medicine, scientific association. Its members are clinicians and researchers active in the field of endogenous, plant-derived and synthetic cannabinoids and those who support the medical use of cannabinoids.



Also a small group of nurses are preparing paperwork to create the **American Cannabis Nurses Association (ACNA)** and plan to have their initial meeting on Sunday following the conference. The new science on the endocannabinoid system and continued research on the efficacy of cannabis and cannabinoids are the basis for this "new" specialty practice.

## ACMM MEETING

The Advisory Committee on Medical Marijuana (ACMM), of which I am a member, is meeting March 29th, 2010: 10:00 am to 2:30 pm at the Portland State Office Building, 800 NE Oregon St, Conference Room 1E. The public is invited and encouraged to attend.



The ACMM consists of 11 members who have been appointed by the DHS Director. Members of the board represent registered patients, designated primary caregivers, persons responsible for a grow site, and advocates of the Oregon Medical Marijuana Act (OMMA).

The mission of the Committee is to advise the Director, Department of Human Services (DHS) on the administrative aspects of the Oregon Medical Marijuana Program (OMMP), review current and proposed administrative rules of the program and provide annual input on the fee structure of the program.

Contact the ACMM: [OHD.ACMM@state.or.us](mailto:OHD.ACMM@state.or.us)

The ACMM is not a referral service. Please do not request that ACMM members refer you to a physician, advocate group or to an attorney.

\*\*\* Please Note Before Sending E-Mail \*\*\*

Any email sent to the ACMM is a public record and may be subject to disclosure under the Oregon Public Records Act, ORS 192.410 to 192.505. Do NOT send any information to this email address that you would not want shared with the public.

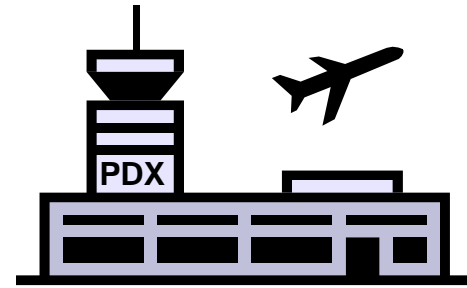
## Flying out of Portland with Medical Cannabis?

Recently the ACMM wrote to the Port of Portland, asking what their policy was about the possession of medical marijuana and OMMP legally registered passengers. The following is the response we received.

PORT OF PORTLAND, Portland International Airport, 7000 NE Airport Way, Portland OR 97218,  
Box 3529 Portland OR 97208,  
503-460-4151  
December 22, 2009

Jim Klahr, Chair ACMM  
800 NE Oregon St.  
Portland OR 97232

Re: Written Policy regarding Oregon Medical Marijuana



Dear Mr. Klahr:

I serve as in house counsel to the Port of Portland ("Port"). Please let this serve as the Port's response to your letter dated December 14, 2009 addressed to Mr. Steve Johnson of the Port. This letter does not constitute an interpretation of Oregon law or legal advice.

In response to your specific question, the Port does not have an "official written policy" regarding "Oregon Medical Marijuana patients who want to bring their medicine on the airplane." The Port complies with and enforces applicable state and federal laws.

Marijuana is not seized from a passenger who holds a valid Oregon Medical Marijuana card when boarding aircraft at the Portland International Airport as long as the passenger is not carrying a quantity that exceeds an amount that he or she is lawfully authorized to possess.

Cordially,

Wendy Hain

Assistant General Counsel

Port of Portland

(503) 460-4360

For OMMP patients who want to bring your medicine on board, it would be probably be a good idea for you to have a copy of the letter from the Portland Port Authority and the following FAA Regulation:

"FAA Regulation, Part 91 - General Operating and Flight Rules: Sec. 91.19 Carriage of narcotic drugs, marihuana, and depressant or stimulant drugs or substances. (a) Except as provided in paragraph (b) of this section, no person may operate a civil aircraft within the United States with knowledge that narcotic drugs, marihuana, and depressant or stimulant drugs or substances as defined in Federal or State statutes are carried in the aircraft. (b) Paragraph (a) of this section does not apply to any carriage of narcotic drugs, marihuana, and depressant or stimulant drugs or substances authorized by or under any Federal or State statute or by any Federal or State agency."



## **Oregon Board of Pharmacy to Reschedule Cannabis**

A bill passed in the 2009 legislative session requires "the State Board of Pharmacy shall review the scientific knowledge available regarding the substance, its pharmacological effects, patterns of use and misuse, and potential consequences of abuse, and consider the judgment of individuals with training and experience with the substance." [475.035]

As it stand now cannabis is a Schedule I drug, with no medicinal benefits. We expect it will end up as Schedule II or Schedule III.

On March 25, 2010 testimony will be taken from experts in the field, such as doctors and researchers.

On May 18, 2010 will be the only opportunity for the public to submit verbal testimony, but written testimonies will be accepted prior to May 18<sup>th</sup>.

The final decision is expected to be made in June.

# MAMA's Wish List

Thank you to all who have helped us in so many ways. Much of what MAMA is able to accomplish is due to the compassion and support of our community. Whether through the donation of needed items, cash or time, it all adds up to improved service.

## These items are needed in both

### The Dalles and Portland

Tincture bottles \* Spray bottles

½ Pint & Pint Jars w/Lids \* Disinfectant Wipes

Blue Ballpoint Pens \* Permanent Markers \* Copy Paper

Items for MAMA raffles

### Needed in The Dalles

Area Rugs \* Small Step-Stool \* Carpet Sweeper \*

Bagless Vacuum Cleaner \* B & W LaserJet Printer

LCD Projector \* Floor Lamps \* Craft or Art Supplies

Serving Dishes \* Small refrigerator \* Floor mats

### Needed in Portland

Carpet Sweeper \* Artwork

Remember: Donations are tax deductible.



# MAMA's Help Wanted List

For decades MAMA has depended on volunteers to help provide education, recreation and socialization for our members. We need help in both the Portland area and The Dalles to identifying a location(s) where we can have larger social and educational events. Any location has to be handicapped accessible and have adequate parking.

If you know of such a place, please contact Sandee at [mama@mamas.org](mailto:mama@mamas.org).

## Help needed in The Dalles

Teaching Classes

Help with parking lot - needs gravel

Planning and Implementing social events

## Help needed in Portland

Teaching Classes

Help taking yard debris to recycle

Taking old phone books to recycle

Help with landscaping in Portland backyard

Volunteer Coordinator

Planning and Implementing social events

